

TUGGERANONG 55 PLUS CLUB ACTIVITIES CALENDAR

WEEKLY

*ACTIVITIES HELD ELSEWHERE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ZUMBA GOLD 9.30am - 10.15pm BOOKING ONLINE	ACTIVE EXERCISE MEN 8.00am – 8.45am BOOKING ONLINE	CRIBBAGE 9.30am – 11.30am (Gumnut Cottage)	500 CARDS 9.30am – Noon (Gumnut Cottage)	* CYCLING GROUP 10.00am (9.00am – Summer) <i>Meet near Skate Pk</i>	TAI CHI 9.15am – 10.15am ON HOLD
MORNING CARDS 9.30am – 12.30pm (Gumnut Cottage)	ACTIVE EXERCISE WOMEN 9.10am - 9.55am BOOKING ONLINE	CARPET BOWLS 10.00am – Noon		BRIDGE INTERMEDIATE 11.00am –1.00pm ON LINE	
	* 'LADIES' CYCLING GROUP 10.00am (9.00am – Summer) <i>Meet near Sea Scout Hall Greenway</i>				
		SEATED STRETCH 12.10pm - 12.55pm BOOKING ONLINE		LEARNING CIRCLE Noon - 2.00pm	
TABLE TENNIS 1.30pm – 3.30pm ON HOLD	MAHJONG 1.00pm – 3.30pm (Gumnut Cottage)	KNIT N KNATTER 1.00pm – 3.00 pm (Gumnut Cottage)	MAHJONG 1.00pm – 3.30pm (Gumnut Cottage)	BRIDGE BEGINNERS 2.00pm –4.00pm ON LINE	
BRIDGE - SOCIAL 2.00pm – 4.00pm (Gumnut Cottage)	SEATED YOGA 1.15pm – 2.15pm	LINE DANCING BEGINNERS 1.30pm – 2.30pm BOOKING ONLINE	BRIDGE IMPROVERS 3.30pm – 5.30pm (Gumnut Cottage)		CARPET BOWLS 2.00pm – 4.00pm
YOGA 5.15pm – 6.30pm	BRIDGE CONTINUERS 2.30pm –5.30pm ON LINE	LINE DANCING IMPROVERS 2.45pm – 3.45pm BOOKING ONLINE	YOGA 3.45pm – 5.00pm		

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BI MONTHLY & MONTHLY

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY	SATURDAY	SUNDAY
2nd Monday iPAD SIG 10.00am–Noon			1st Thursday FAMILY HISTORY GROUP 10.00am – Noon	2nd Thursday ANDROID SIG 10.00am – Noon			*1st & 3rd Sunday 'DISCOVER CANBERRA' WALKING GROUP 9.30am <i>Meet at TSC</i>
1st & 3rd Monday CRAFT CORNER 10.00am – 2.00pm (Gumnut Cottage)		*Fortnightly 10 PIN BOWLING 10.00am <i>Tugg Bowling Alley</i> (Dates Notice Bd)	*1st & 3rd Thursday POOL GROUP Burns Club 10.15am	3rd Thursday SHUTTERBUG'S CAMERA GROUP 9.30Am – 11.30am	*2nd & 4th Friday PITCH N PUTT Narrabundah 10.00am		
							1st Sunday SOCIAL BINGO 2.00pm – 4.00pm ON HOLD
	*1st Tuesday GARDENING CLUB 2.00pm <i>DIY Area - Bunnings Tuggeranong</i> ON HOLD		1st Thursday BOOK CLUB 2.00pm – 4.00pm	3rd Thursday READING GROUP 1.30pm – 3.30pm	Fortnightly UKE 55 – UKULELE GROUP 4.15pm - 5.45pm ON LINE	3rd Saturday MOVIE MATINEE 1.30pm ON HOLD	4th Sunday (Feb/Apr/June/ Aug/Oct) LET'S GET 'TRIVAL' 2.00pm – 4.00pm ON HOLD
			2nd & 4th Thursday LAKESIDE ART GROUP 12.45pm – 3.15pm	*4th Thursday LAWN BOWLS 1.15pm <i>Vikings Tuggeranong</i>	Fortnightly SQUARE DANCING 6.00pm – 7.30pm ON HOLD		4th Sunday (Mar/May/July/ Sept/Nov) GAMES AFTERNOON 2.00pm – 4.00pm ON HOLD