

TUGGERANONG TALKS – 11 Sept 2017

Newsletter for Tuggeranong 55 Plus Club Inc. – *Be Active Feel Great*

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New Members

The Club is experiencing a 'growth spurt' at present so if you are receiving Tuggeranong Talks for the first time, welcome! The newsletter lets you know what is happening at the Club and at times, beyond, and often recaps some of the activities / events that have occurred. If you come across an item that you think will be of interest to your fellow members, please send it to the office.

And for all members information, we have over 520 financial members at present – we may need a bigger boat!

Spring Fling - 'Clean Up Sale'

Saturday 16 September – 8.30am – 12.30pm

The countdown is on with less than a week to go for the 'clean Up Sale' on Saturday 16th September. Thank you to those who have both booked a table or contributed items for sale. We will need helpers, so please if you can spare a couple of hours on the day, there is a notice on the board with times and where help is needed.

For those who are a little confused re the Plant Sale, this time we do not have enough plants to go it alone, hence the 'expansion' of the morning a little so that it can still go ahead. It is not too late to book a table or bring your items as Friday has been allotted for sorting etc. Contact the office team – email: tugg55plusclub@gmail.com / phone: 62934004 or in person 9.30am – 2.30pm if you have any enquiries.

Jenny, Jill & Angie

Annual General Meeting

Monday – 9 Oct – 12.30pm

Over the coming week, you will receive the required information that is sent to every financial Club Member.

The AGM this year will have a slightly different format and will be held during the day, on Monday 9 October at 12.30pm. There will be a speaker, Senior Constable Jason Narovska who will talk about 'Safety in the Community' as well as a light lunch.

The AGM will review the past year and elect the coming year's Management Committee. All Management Committee positions become vacant at the AGM and we need an enthusiastic committee of 12 members. We also need other Club members who will assist the committee when required during the coming year. Why not nominate for a position and share in the management of your Club. Interested? But would like more information? Speak to one of the current Committee members, Louise, Linda, Anne or Janelle who can explain the various responsibilities involved. Nomination forms are available from the office and need to be submitted by Monday 2 Oct.

Please come along on Monday 9 October to support your Club and your Management Committee.

Linda McDonnell / Secretary

Activities Update

Meditation – Monday 1.00pm – 2.00pm

This activity is suspended at present; further updates will be in the newsletter.

55 Film Group – September

Due to the Spring Fling, the Saturday Matinee will not be held in September and will return on third Saturday of October.

Dates for your Diary

Thursday – 21 September – 9.30am

Camera Group

Our next meeting will continue looking at how to use the various control settings on our cameras so that we can obtain the best exposure outcome for our photos. At our last meeting, we looked at aperture priority and how it affects depth of field. This month, we will examine shutter priority or shutter speed which is the Tv or S setting on most cameras. Slow shutter speeds will result in moving subjects appearing blurred and fast speed settings can freeze any movement.

Our September photo project is “Tuggeranong Architecture” so we will look at photos of our Tuggie architecture that have been taken so far. Our October project is “Three on a Theme”; you can choose any subject you like and submit three photos based on that theme. Our final project for the year will be “Tuggeranong Street Art”. We will decide this month on a name for our group and start planning our first Club photo display. If you are interested, whether a beginner or advanced, why not come along to our meeting and enjoy our friendly fun group. Don't forget to bring your camera or your phone.

Norm Swanwick

Sunday – 24 September – 2.00pm – 5.00pm

Secret Men's Business / Gentlemen's Sunday afternoon

Our next 'Gentlemen's Afternoon' guest speaker will be Mr Alan Foskett O.A.M. Alan is a well-known author and historian who writes mainly about Canberra and the surrounding areas. Alan worked in the Commonwealth Public Sector from 1950 to 1987 but his main activity these days is researching, writing and publishing books which cover topics such as Canberra's hostel life, cricket in Canberra and Queanbeyan, ACT Education and Health, the planning and development of Canberra, and the history of ACT sporting clubs. His talks are interesting and humorous & there will be plenty of time for questions. There will be pizza available so please feel free to bring your own drinks. All this for only five dollars (\$5.00)!

There is an attendance sheet on the notice board; please ring 6293 4004 during office hours (Mon-Fri 9.30 - 2.30) if you want to attend but can't put your name on the attendance list.

Laurie Towers

Thursday – 28 September – 10.00am

Investor's Morning Coffee Group

At the next meeting of our Investor's group, we will look at the agricultural sector of the share market including such companies as Capilano (honey), Australian Agricultural (cattle), Graincorp (grain trading) Costa Group (fruit & veg), Elders (diversified rural) and Treasury Wines. Australia is known globally as a clean growing region and has the potential to become the food basket to Asia. Is agriculture a good investment?

Last month we viewed a video about the five most expensive collectable vinyl records. For those who may be interested they were in order: Ringo Starr's personal copy of the Beatles "White Album" (USD790,000), Elvis Presley's first recording "My Happiness" a 78 rpm pressing thought to have been lost, The Quarrymen (later the Beatles) "That Will Be the Day", their first recording and only one copy made. "Sgt Pepper's Lonely Hearts Club Band" signed by each of the Beatles and number five was an acetate copy of some of the tracks on the Velvet Underground's first recording. Continuing with the collectable theme, we will next look at a video on the five rarest and most expensive books.

What effect will Amazon's opening in Australia have on the bricks and mortar retailer's such as JB HiFi, Harvey Norman, Dymocks, Good Guys etc? Our property trust of the month will be Viva Energy, owners of a large chain of Shell service stations, most leased to Coles. We have another ASX video to look at "How to Find Value in Our Top 200 Companies".

Last month we added the poker machine manufacturer Aristocrat to our fun portfolio, details of which are on the notice board. Hope you can join us for an interesting mornings discussion.

Norm Swanwick

Thursday – 28 Sept – 10.00am – 12noon

How much for Family History – a bottomless pit??

The Family History Group is meeting **FOR THIS MONTH ONLY on Thursday 28 Sept**, at the usual time 10.00 am until 12.00. This month we are opening the floor to a couple of member's family history stories; Lynda Clery will continue with sharing her research regarding the Fry family connection and Lois Good will talk about her family in India and how she discovered their story.

After morning tea, we'll have a look at the cost of family history research – from genealogy on line memberships to cost of document copies – is it a bottomless pit? All are welcome – you don't have to be a regular attendee, please feel free to come along.

Liz Dean

In Review

Sausage Sizzles – Wanniasa Shops

Thank you to all who helped and supported the recent fundraising Sausage Sizzles at Wanniasa Shops in July and August. Collectively over \$600.00 were added to the Club's coffers but more importantly it gave the Club a more public profile. The addition of the Club's 'Uke 55' ukulele group in August helped to show that 'age is but a number' and added a carnival feel to the morning.

'Look at This' - Lakeside Art Group's Watercolour Exhibition

Over thirty members and friends attended the opening of the Lakeside Art Group's Watercolour Exhibition on Tuesday 29 August. Congratulations to all members of the group who have contributed their works and their teacher Catherine, who has provided the inspiration for them. The hall has taken on a life of its own with the added colour and there have been many positive comments. Due to its popularity, the exhibition will remain on display until Monday 18th September.

'Our Online Life' Technology Seminar & Sausage Sizzle

On Saturday, 2 Sept, the seminar "Our Online Life", presented by Club Member and 'Senior Geek' Garry Owen, proved again very popular as over thirty people took advantage of the information on offer. Gary tackled the many issues that arise with this 'Online' modern technology, answered the many questions asked as well providing Seminar notes of topics covered. We would like to continue to offer further seminars and if you have a suggestion or topic you are interested in, please let the Club office know (email: tugg55plusclub@gmail.com).

Update - Items for Recycling

We have another item to add to our regular recycling – used batteries, anything from hearing aid, AAA, AA, C, D and large torch batteries. Leave them in the red wheelie bin in the Founders' Library along with greeting cards, calendars, cardboard cylinders, glass jars with lids and plastic bottle tops.

Out and About

Wednesday – 27 September – 6.30pm

VIEW Club Tuggeranong – Viking Town Centre Club, Tuggeranong

The Smith Family has supported VIEW Clubs for 57 years and we raise funds for this national charity, by helping our Australians in need to get the most out of their education. We support a learning for Life Student in the Canberra Region.

Our monthly meeting will be held on Wednesday, 27th September, and guest speaker is Christine Rampling (Topic is support & Linking Tradeswomen). Two course meal is \$27 at 6.30pm for 7pm at the Viking Town Centre Club Tuggeranong.

All RSVP to Jan by the on 62917716 or email tuggeven@gmail.com

Newsletter Contributions

If you come across any item/s that you think would be of interest to Club members, eg upcoming events, etc. or want to promote an activity, please either email: tugg55plusclub@gmail.com or drop it into the Club's office. Every little bit helps!