



Weekly Bulletin

Friday 26 October 2018

Highlights of the Coming Week

Sunday 28 Oct – 2.00 pm

Let's Get Trivial' Sunday

For all our trivia fans, don't forget that our next "Let's Get Trivial" fun trivia quiz will be held this coming Sunday starting at 2.00 pm. Lots of prizes, lots of fun and lots of questions covering a multitude of subjects including a few trivia questions about the Melbourne Cup. If you don't win a prize there's always a great afternoon tea to be had. Why not organise a team of five with your friends or family or just come along and join your fellow club members for a fun afternoon's activity. *Norm Swanwick*

Thursday 1 Nov – 10.00 am

Family History Group – 'An unexpected journey' – online family trees

I will be away this month, but Janelle has agreed to talk about her online family tree and her 'unexpected journey'. Can putting your family tree online help with your research? Maybe... All are welcome – you don't have to be a regular attendee, please feel free to come along. *Liz Dean*

Sunday – 4 Nov – 2.00 pm

Sunday Social Bingo

Laurie and our favourite 'Bingo caller', Warren, will be back next Sunday, calling the numbers. Games prizes are in keeping with the flavour of the day; bingo sheets/dobbers will be available on entry. Notice is on the board for catering purposes!

Looking Ahead

Tuesday 6 Nov – 1.00 pm

Melbourne Cup 'High Tea'

Bookings have been steady for the 'Race that stops the Nation' which will be celebrated on the first Tuesday in November with a stylish 'High Tea' and a round or two of Bingo. Sweeps, door prize, prizes for the Best Dressed and Novelty Hat and a glass of bubbly on arrival should make for a fun afternoon. And all for the modest price of \$15.00 – book & pay at the Office. Don't delay as places are limited!

Activities Updates

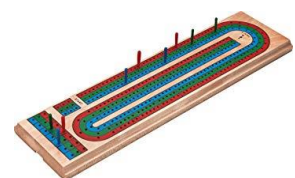
PEASE NOTE: ALL Exercise Classes

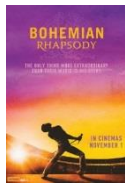
All classes held by Jackie Yow from **Thursday 1 November – Wednesday 14 November** will not be held. Please refer to notice on board.

New Proposed Activity – Cribbage Boards Wanted

We are planning to start a Cribbage card group once we can move into our new building. If you are interested, whether an experienced player or you would like to learn, we will let you know further details in a future newsletter. In the meantime, if you have an old cribbage board you no longer have a use for and would like to donate it to the club, it would very much appreciated. Just drop it into the office and why not come along to our proposed group and enjoy the game once again. *Norm Swanwick*

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Seniors Screening

Thursday – 1 Nov – 10.00 am

'Bohemian Rhapsody'

Limelight Cinema, South.Point

The next Seniors Screening is on Thursday again next month and is 'Bohemian Rhapsody', a foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury, who defied stereotypes and shattered convention to become one of the most beloved entertainers on the planet.

Tickets are just \$9 (\$7.50 if you are a Limelight member) and include a FREE Morning Tea before the screening!

Beverley and I will be in front of the cinema at 9.45 am. Please wear your name badge so we know who you are!

If you are interested, we thought it might be nice to have coffee or a light lunch after the movie. And Limelight will also validate your parking ticket, giving you four hours parking.

Pam Hall

'Flashback Friday'

This poem was found in one of the Club's early newsletters and is a novel way to highlight **Carpet Bowls**. It is by a member who has been enjoying many a 'rollup' since she joined the group!

Roll that Ball

Bowling is not just rolling a ball
If you're not careful you might even fall
From grace that is 'cause when you miss
A bit of frustration but you learn from this
But overall there's a feeling of fun
And there's the tea break with bikkie or bun
So, if this aspect has the desired appeal
You're welcome to try and test how you feel
John & Pat will teach you the ropes
Otherwise others will help raise your hopes
A building that's just right for the venue
With parkland with lake to add to the view
Hennie Hermes

Timetable

Saturday 27 Oct – Sunday 4 Nov

Day / Date	Time	Activity
Sun 28 Oct	2.00 pm	Let's Get Trivial
Mon 29 Oct	9.30 am	Bolivia
	1.30 pm	Table Tennis
	2.00 pm	Bridge
	4.00 pm	Seated Yoga
	5.15 pm	Yoga
Tues 30 Oct	8.10 am	Men's Active Exercise
	9.00 am	Women's Active Ex
	1.00 pm	Mah-jong
Wed 31 Oct	10.00 am	Carpet Bowls
	10.00 am	Ten Pin Bowling
	12.10 am	Seated Stretch
	1.15 pm	K-nit 'n' K-natter
Thurs 1 Nov	9.30 am	500 Cards
	10.00 am	Family History Group
	1.00 pm	Mah-jong
	2.00 pm	Book Club
	3.45 pm	Bridge
	3.45 pm	Yoga
Fri 2 Nov	9.00 am	Cycling Group
	9.15 am	Tai Chi
	11.30 am	Zumba Gold
	12.15 pm	Learning Circle
	2.00 pm	Carpet Bowls
	4.15pm	Uke 55
Sat 3 Nov	10.00 am	Acrylic Art W/shop
Sun 4 Nov	9.30 am	Walking Group
	2.00 pm	Sunday Social Bingo



Day / Date	Time	Event / Excursion
Thurs 1 Nov	10.00 am	Seniors Screening
Tues 6 Nov	1.00 pm	Melb Cup – High Tea
Tues 20 Nov	9.15 am	Cook & the Pacific



And don't forget to see the amazing poppies at AWM!