



Weekly Bulletin

Friday 30 November 2018



Highlights of the Coming Week

Friday – 14 December – 10.30 am

Pitch & Putt Golf

Our final pitch and putt game for the year will be held on Friday 14 December with a tee off time of 10.30 am. We will resume on 25 January and our tee off times during the warmer months will be 9.30 am. So, if you would like to join us for a game, whether a beginner, hacker or experienced player, come along to the Canberra International Golf Centre, Narrabundah for a fun and friendly morning's activity. You will need a pitching club, a putter, a ball and \$9.50. A game takes about two hours to play and there is plenty of free car parking. We normally meet on the second and fourth Fridays of each month. Hope you can join us!

Norm Swanwick

Sunday – 16 December – 2.00 pm

Christmas Fun Trivia

Our final club function for the year will be our special Christmas trivia event to be held on Sunday 16 December starting at 2.00 pm. There will be fun trivia questions all about Christmas songs, food, movies, holidays and everything else about Christmas in Australia and around the world. We will also go on a quiz road trip to a popular holiday destination. So why not escape the Christmas rush for a couple of hours and if you have visitors, then why not bring them along for a fun afternoon's activity. It will be a bring a plate and gold coin donation event. There will be door prizes for the lucky winners and chocolates for everyone. Hope you can join us?

Norm Swanwick

Christmas Closure

COB – Friday 14 Dec 18 – Mon 7 Jan 19

The Club will be closing for the Christmas/ New Year Break from close of business this coming Friday 14 December and will reopen on Monday 7 January. The Club's office will reopen on Monday 14 January. A list of individual activity dates is on the notice board and included in this last newsletter for the year.

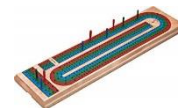
Looking Ahead - 2019

Wednesday – 16 January – 9.30 am

Cribbage Card Morning

A reminder that our cribbage card morning will commence on Wednesday 16 January 9.30am – 11.30am. If you are an experienced player or would like to learn how to play cribbage, then come along any Wednesday morning for an enjoyable morning's activity. Beginner's sessions will be available every week if needed. Many thanks to all those members who have donated cribbage boards

Norm Swanwick



Beginner Bridge Lessons – Jan 2019

Beginner Bridge Lessons will commence in January (date and time to be arranged). No prior knowledge of cards is necessary, and partners are not required. If you are interested in learning this fascinating game and would like more information, contact Margaret Kennedy on 0414 446 484 or email marbken6@gmail.com



Carols in the Hall

There was not a spare seat in the Hall last week when the Club celebrated the season with a song or two. Carols in the Hall is in its third year and once again the rafters rang with the sounds of many voices.

Our special guest arrived early in the evening and took pride of place, looking splendid in his Santa Suit, ready for the odd photo or two!

Uke 55 showcased how much fun you can have strumming a ukulele, Leo lulled us with some Country and Western classics and the Heart and Soul Singers reminded us of the reason for the season through song and the antics of 'Wendy Wombat'. We all then joined together to sing some Christmas classics before supper, courtesy of 'bring a plate', was shared.

A big thank you to organiser Norm, his tireless elves, Pat, Thea, Helen & Carlene and to Garry Owen, Uke 55, Leo and the Heart and Soul Singers for their participation! And to all who attended and brought the yummy food - an excellent way to end the year.

Christmas Safety – ACT Fire & Rescue

The festive season brings a number of extra fire risks to the community and your family. Here are some precautions you should take to keep your family and friends safe during the Christmas period.

Check Christmas lights carefully for frayed wires, bare spots in insulation, broken or cracked sockets and excessive kinking or wear before putting them up.

Do not overload electrical circuits or power boards.

Dispose of live tress quickly after the Christmas period before they dry out and become a fire hazard.

Also dispose of wrapping paper quickly and safety. www.esa.act.gov.au

SCAM Alert - Beware

The telephone call is a recorded message allegedly from the Australian Tax Office. In the message you will be advised that an infringement notice has been lodged against your tax and you need to contact the A.T.O., which you can do by pressing "1" or some other button on your phone. **DO NOT PRESS ANY BUTTON AS SUGGESTED IN THE MESSAGE.**

As advised by the A.T.O., do not reply in any way and under no circumstances send them money or arrange to meet anyone.

You may subsequently receive more calls, one as a reminder and one as a last warning about this. These subsequent calls are designed to try and "scare" people into calling them. **AGAIN, COMPLETELY IGNORE THESE MESSAGES.**

This is most definitely as **SCAM**. After I received the calls, I contacted the A.T.O (using their proper telephone number). They have confirmed that this is a SCAM and is not something they would do with messages. And they do not record infringements in this way. *Sandra Hyde*



The Management Committee, and our lovely office ladies, wish all Club Members and their families a safe, healthy and peaceful Christmas and holiday season.

We look forward to enjoying your company in 2019!



Day / Date	Time	Event / Excursion
Sun 16 Dec	2.00 pm	Christmas Fun Trivia

101 Cowlshaw Street, Greenway
Phone: 6293 4004 Email: tugg55plusclub@gmail.com
Website: 55plusclub.org.au



HOLIDAY TIMETABLE



Day	Activity	Last Day 2018	First Day 2019
Mon	Games Morning	Continuing as	normal
	iPad SIG – 2 nd	10 Dec 18	14 Jan 19
	Table Tennis	10 Dec 18	14 Jan 19
	Bridge	17 Dec 18	14 Jan 19
	Seated Yoga	10 Dec 18	21 Jan 19
	Yoga	10 Dec 18	21 Jan 19
Tues	Active Exercise - Men	11 Dec 18	15 Jan 19
	Active Exercise - Women	11 Dec 18	15 Jan 19
	Mah-jong	11 Dec 18	8 Jan 19
	Gardening Club	4 Dec 18	5 Feb 19
Wed	Ten Pin Bowling	12 Dec 18	6 Feb 19
	Carpet Bowls	12 Dec 18	23 Jan 19
	Seated Stretch N Strengthen	12 Dec 18	16 Jan 19
	Bridge	19 Dec 18	16 Jan 19
	K-nit and K-natter	12 Dec 18	16 Jan 19
Thurs	500 Cards	13 Dec 18	10 Jan 19
	Family History Group – 1 st	6 Dec 18	7 Feb 19
	Book Club – 1 st	6 Dec 18	7 Feb 19
	Android SIG – 2 nd	13 Dec 18	14 Feb 18
	Lakeside Art Group – 2 nd & 4 th	13 Dec 18	19 Mar 19
	‘Shutter Bugs’ Camera Group – 3 rd	15 Nov 18	21 Feb 19
	Reading Group – 3 rd	13 Dec 18	17 Jan 19
	Investors Morning Tea Group – 4 th	22 Nov 18	28 Feb 19
	Lawn Bowls – 4 th	29 Nov 18	24 Jan 19
	Mah-jong	13 Dec 18	10 Jan 19
	Bridge	20 Dec 18	17 Jan 19
	Yoga	13 Dec 18	24 Jan 19
Fri	Cycling	Continuing as	normal
	Pitch n Putt – 2 nd & 4 th	14 Dec 18	25 Jan 19
	Tai Chi	14 Dec 18	18 Jan 19
	Gentle Exercise	14 Dec 18	18 Jan 19
	Zumba	30 Nov 18	8 Feb 19
	Learning Circle	14 Dec 18	8 Feb 19
	Carpet Bowls	14 Dec 18	18 Jan 19
	Uke 55 – Uke Group	14 Dec 18	11 Jan 19
	Square Dancing for Beginners	14 Dec 18	11 Jan 19
Sat	Movie Matinee	17 Nov 18	16 Feb 19
Sun	Walking Group	16 Dec 18	20 Jan 19
	Social Sunday Bingo	2 Dec 18	2 Feb 19
	Let’s Get Trival	16 Dec 18	TBA