



# Weekly Bulletin

Friday 24 August 2018

## Highlights of the Coming Week

**Saturday – 25 August – 11.00 am**

### **Gentlemen's Get Together**

Don't forget the next Gentlemen's Get Together at the Club **tomorrow at 11.00 am**. Guest Speaker Patrick Regan, will talk about *Australia in the First World War* which will be followed by a sausage sizzle and a chance to socialise. You are welcome to bring your own drinks (alcoholic or otherwise). *Laurie Towers*

**Thursday – 30 August – 10.00am**

### **Defibrillator Training – St Johns Ambulance**



The Club has a defibrillator which is in the hall near the piano. We have organised a free training course in the use of this equipment for any

interested members. The course should be around 60 minutes in duration.

As places are limited, please register your interest NOW at the Club office either in person or phone: 6293 4004 or email

[tugg55plusclub@gmail.com](mailto:tugg55plusclub@gmail.com)

## **Dates for your Diary**

**Sunday – 2 Sept – CANCELLED**

### **Sunday Social Bingo**

As Sunday is Father's Day, we have decided to cancel this month's Bingo. We hope all 'Fathers' are spoilt on the day and Bingo will return in October – reminder will be in the Bulletin and on the notice board.

*Laurie Towers*

**Saturday - 8 September – 1.00 pm**

### **Uke & Square Dance 'Spring Swing'**

Adult Learners Week, held during the first week in September, highlights the many benefits of continuing to learn, no matter what age we are. This is a perfect excuse to hold a Uke & Square Dance 'Spring Swing'. Club member Garry Owen is Uke 55's 'ukemeister' and the Club's ukulele group are strumming some great tunes which they are going to share on with us on Saturday 8 September. Their repertoire has songs from our misspent youth and it will be hard to resist singing along with the group - there will be words on the screen to help fill in the gaps!

Garry is also the 'caller' for the Square Dancing group and they are going to show us how easy it is to dance in a square!

Square Dancing is excellent for mind/body co-ordination and helps keep you young and provides lots of laughs.

Why not come along and enjoy an afternoon of singing and dancing. Cost is a gold coin only and in the tradition of community gatherings, we ask you to bring a plate to share. A notice is on the board, so let us know if you are coming and whether you are bringing sweet or savoury.

### **'Happy Holiday Snaps' Display**

To celebrate our National History month (August) there is a display of photos of some of our members ancestors enjoying their holidays. The photos show the beach was a popular spot for families to enjoy their holidays – albeit in a different fashion! If you have not yet seen the display, the photos will be there till month's end. *Liz Dean*

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## AGM & Management Committee

All positions become vacant at the AGM to be held on Monday 8 October. Any financial member may be nominated to fill any position. Before accepting any nomination, members are asked to consider whether they are competent to perform the duties of that position.

Not all the current members of the Management Committee are nominating so we need some 'new blood'. Specific positions are President, Vice President, Secretary, Treasurer, plus eight general members from which we need an Assistant Treasurer, Assistant Secretary and Building Maintenance (2 or 3 positions). In the past, much of the work has been done by a few but now with the increase in membership and number of activities, ALL general members will be expected to carry out certain duties. Please give consideration as to whether you can assist with the running of our Club.

*Management Committee*

## What's been Happening.....

### Sunday Trivia

Our recent Sunday Fun Trivia day saw around 25 members braving the cold weather to test their knowledge on all things trivial. Congratulations to the **Blue Streakers** team who took away a Goodies Bag and the coveted 'Smartie Pants' certificates. A lucky door prize, lollies on the table, a sumptuous afternoon tea AND a *Fantale* 'Who am I' moment for anyone who could answer a Michael Caine toughie, all added to the day. We anticipate our next Sunday fun trivia day will be 28 October, so watch the newsletter for any updates.

*Norm Swanwick*



## Timetable

### Saturday 25 Aug – Sunday 2 Sept

Day / Date	Time	Activity
Sat 25 Aug	11.00 am	Gentlemen's Afternoon
Mon 27 Aug	9.30 am	Bolivia
	1.30 pm	Table Tennis
	2.00 pm	Bridge
	4.00 pm	Seated Yoga
	5.15 pm	Yoga
Tues 28 Aug	8.10 am	Men's Active Exercise
	9.00 am	Women's Active Ex
	1.00 pm	Mah-jong
Wed 29 Aug	10.00 am	Indoor Carpet Bowls
	12.10 am	Seated Stretch
	1.15 pm	K-nit 'n' K-natter
	1.30 pm	Bridge
Thurs 30 Aug	9.30 am	500 Cards
	1.00 pm	Mah-jong
	3.45 pm	Bridge
	3.45 pm	Yoga
Fri 31 Aug	9.15 am	Tai Chi
	9.30 am	Bridge (Advanced)
	10.00 am	Cycling Group
	10.30 am	Gentle Exercise
	11.30 am	Zumba Gold
	12.15 pm	Learning Circle
	2.00 pm	Indoor Carpet Bowls
	4.15 pm	Uke 55 Ukulele Group
	6.00 pm	Square Dancing
Sun 2 Sept	9.30 am	Walking Group
Sun 2 Sept	2.00 pm	Social Bingo - CANCELLED



Day / Date	Time	Event / Excursion
Sat 8 Sept	1.00 pm	'Spring Swing'
Sat 22 Sept	2.00 pm	Q Theatre
Wed 26 Sept	10.00 am	Tulip Top Gardens
Tues 30 Oct	8.00 am	Shopping Trip Birkenhead Point