



Weekly Bulletin

Friday 22 February 2019

Highlights of the week

Sunday – 24 February – 2.00 pm

'Let's Get Trivial'

For all our trivia fans, our first "Let's Get Trivial" fun trivia quiz for the year will be held on Sunday 24 February starting at 2.00 pm. Please note that our Sunday Trivia quiz will now be held **bi-monthly on the fourth Sunday of each month**. It will alternate with the Sunday Games activity which will be held on every other fourth Sunday. Our February quiz will have a special Australiana theme. There will be door prizes, chocolates for everyone & afternoon tea will be provided. Why not organise a team of five with your friends or family or just come along for a fun afternoon's activity? Hope you can join us.

Norm Swanwick



Wednesday – 27 February – 9.30am

Cribbage Card Morning

Our cribbage card morning is held every Wednesday morning in Gumnut Cottage starting at 9.30 am. Don't know how to play cribbage but would like to learn? Then come along any Wednesday morning as we cater for both experienced and learner players. Beginners' sessions will be available every Wednesday morning if needed and there is no need to book. Cribbage is not a difficult game to learn and most people should be able to play the game after one or two sessions. So come along for a fun and friendly morning's activity. Be warned, cribbage can be addictive.

Norm Swanwick

Thursday – 28 February – 5.00 pm

Afternoon Lawn Bowls

Our next afternoon lawn bowls activity will be held this coming Thursday 28 February. During the summer months our session times are 5.00pm – 7.00pm. If you have not played lawn bowls before and always wanted to give it a go, then why not come along and join us? John Williamson and his fellow club members will be only too pleased to show you how and it is all free. There is plenty of free car parking available at the rear of the main club building. Please wear flat sole shoes, or if you like, just go bare foot and don't forget to wear a hat. This is a free activity courtesy of the Tuggeranong Vikings Lawn Bowls Club

Norm Swanwick

Sunday – 3 March – 2.00 pm

Sunday Social Bingo

Laurie and our favourite 'Bingo caller', Warren, will be back next Sunday, calling the numbers. Games prizes are in keeping with the flavour of the day; bingo sheets/dabbers will be available on entry. Notice is on the board for catering purposes!

Membership Renewals

All memberships (except new members) are due for renewal by **31st March**. The fee remains at \$15.00 and this early notice gives you plenty of time to visit one of our lovely ladies in the office, 9.30am – 2.30pm Monday to Friday.

Internet Banking, Direct Credit details:
BSB 633 000 Acc No: 159575455 **PLEASE include your name as the description, so that we can identify your payment.** A confirmation email will be sent to confirm payment.

Janelle Burns, Treasurer

Tuesday - 26 February – 10.15 am

Voice Workshop with Moya

Simpson

The Heart and Soul Singers are hosting a 'Voice Workshop' with Moya Simpson (of Worldly Goods Choir and Satirical duo Shortis & Simpson).

Moya Simpson has been performing and leading choirs and voice workshops for over 30 years. She firmly believes that everyone can sing, and her workshops aim to celebrate the 'natural voice' that we are all born with.

Her passion is world music and participants experience the delight of singing with others, using calls, chants and songs from a variety of cultures around the world.

Her voice workshops create a joyous, humorous and safe environment for vocal exploration, harmony and improvisation.

They can be for advanced singers or those who sing secretly in the shower. And all this for a mere \$10.00! All are welcome to join us for this special morning – why not use this opportunity to come & discover YOUR voice!

Clean Up Australia Program

As part of the Clean-Up Australia Program, the Tuggeranong Lake Carers have organised a clean-up of Lake Tuggeranong on Sunday

3 March from 10.00 am to 1.00 pm.

You can register on-line with Clean Up Australia, or sign up at either:

- Lake Tuggeranong Sea Scout Hall, Mortimer Lewis Drive Greenway, or
- Behind the Tuggeranong Library on Cowlshaw Street, Greenway (Tuggeranong).

The Tuggeranong Community Council will be putting on a free barbecue for helpers at the park near the scout hall following the event.

Michael R Crozier OAM, Secretary
Tuggeranong Community Council Inc

e: secretary@tuggcc.com

w: www.tuggeranong.org.au

Timetable

Sunday 24 Feb – Sunday 3 Mar

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sun 24 Feb	2.00 pm	Lets Get Trivial - TSC
Mon 25 Feb	9.30 am	Bolivia - GC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Bridge - GC
	5.15 pm	Yoga - TSC
Tues 26 Feb	8.10 am	Active Ex – M - TSC
	9.00 am	Active Ex – W - TSC
	1.00 pm	Mah-jong - GC
	1.15 pm	Seated Yoga - TSC
Wed 27 Feb	9.30 am	Cribbage - GC
	10.00 am	Carpet Bowls - TSC
	12.10 pm	Seated Stretch - TSC
	1.00 pm	K-nit 'n' K-natter - GC
	1.30 pm	Bridge - GC
	1.30 pm	Line Dancing - TSC
Thurs 28 Feb	9.30 am	500 Cards - GC
	1.00 pm	Mah-jong - GC
	1.00 pm	Bridge – Beg - GC
	3.45 pm	Bridge - GC
	3.45 pm	Yoga - TSC
	5.00 pm	Lawn Bowls
Fri 1 Mar	9.00 am	Cycling Group
	9.15 am	Tai Chi - TSC
	10.30 am	Gentle Exercise - TSC
	11.30 am	Zumba Gold - TSC
	12.00 pm	Learning Circle - TSC
	2.00 pm	Carpet Bowls - TSC
	4.15 pm	Uke 55 - TSC
	6.00 pm	Square Dancing - TSC
Sat 2 Mar	10.00 am	Acrylic W/Shop - TSC
Sun 3 Mar	8.50 am	Walking Group
Sun 3 Mar	2.00 pm	Social Bingo - TSC

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