



# Weekly Bulletin

Friday 29 March 2019

## Highlights of the Week!

### **Thursday – 4 April – 10.00 am Family History Group – Prisoners & Paupers**

Access to records on-line is increasing as more government, volunteer and private agencies digitise and include new databases. This month we will focus on what information is available on prison records and records from institutions such as workhouses. We'll look at examples of free sources and paid and Australian and UK.

All are welcome, whether or not you usually come along to Family History group meetings

*Liz Dean*

### **Sunday – 7 April – 2.00 pm Sunday Social Bingo**

Laurie and our favourite 'Bingo caller', Warren, will be back next Sunday, calling the numbers. Games prizes are in keeping with the flavour of the day; bingo sheets/dabbers will be available on entry. Notice is on the board for catering purposes!

## Membership Renewals

All memberships (except new members) are due for renewal by **31<sup>st</sup> March**. The fee remains at \$15.00 so if you have not yet renewed, please visit one of our lovely ladies in the office between 9.30am – 2.30pm Monday to Friday.

For Internet Banking, Direct Debit details:  
BSB 633 000 Acc No: 159575455

**PLEASE include your name as the description, so that we can identify your payment.** A confirmation email will be sent to confirm payment. *Janelle Burns, Treasurer*

## Timetable

Sunday 31 March – Sunday 7 April

\*GC Gumnut Cottage \*TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sun 31 Mar	8.50 am	Walking Group
Mon 1 Apr	9.30 am	Bolivia - GC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Bridge - GC
Tues 2 Apr	8.10 am	Active Ex – M - TSC
	9.00 am	Active Ex – W - TSC
	1.00 pm	Mah-jong - GC
Wed 3 Apr	9.30 am	Cribbage - GC
	10.00 am	Carpet Bowls - TSC
	10.00 am	Ten Pin Bowling
	12.10 pm	Seated Stretch - TSC
	1.00 pm	K-nit 'n' K-natter - GC
	1.30 pm	Bridge - GC
	1.30 pm	Line Dancing - TSC
Thurs 4 Apr	9.30 am	500 Cards - GC
	10.00 am	Family History - TSC
	1.00 pm	Mah-jong - GC
	1.00 pm	Bridge – Beg - GC
	2.00 pm	Book Club - TSC
	3.45 pm	Bridge - GC
Fri 5 Apr	9.00 am	Cycling Group
	9.15 am	Tai Chi - TSC
	10.30 am	Gentle Exercise - TSC
	11.30 am	Zumba Gold - TSC
	12.00 pm	Learning Circle - TSC
	2.00 pm	Carpet Bowls - TSC
Sun 7 Apr	9.30 am	Walking Group
<b>Sun 7 Apr</b>	<b>2.00 pm</b>	<b>Social Bingo</b>

Please note Yoga term recommences beginning **Monday 15 April**

## **Activities Update - April**

### **Date for your Diary**

**Saturday - 13 April – 10.00 am**

### **Gumnut Cottage Official Opening and Easter Family Gathering**

On the weekend before Easter, you are invited to an Easter Family Gathering to officially celebrate the opening of Gumnut Cottage. This free Club event highlights the link between young and old of the Cottage with a Children's Easter Egg Hunt and Easter Hat Competition, and there will be a morning tea with hot cross buns as well as a celebratory cake. We will also have an Easter raffle of 'goodies' for the coming Easter long weekend. Come along for a fun morning; bring your family to share in the celebrations! Please let the office know if you are going to attend, including number of children.



### **New Activity - April**

#### **Crafty Corner**

**2<sup>nd</sup> & 4<sup>th</sup> Fridays commencing 26 April**

A new craft group for people who want a place to meet and share their craft, enjoy a cuppa and good conversation and meet like-minded people will be starting in April in the Gumnut Cottage. All levels of experience welcome. Meetings will be held between 10am-2pm on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month starting on **26<sup>th</sup> April**. The meetings will have an informal format so drop in anytime and stay as long as you can. So, if you're an experienced crafter or want to learn a new skill come along and bring your current project or UFOs to work on, whether its card-making, quilting, scrapbooking, appliqué, embroidery, rubber stamping, jewellery-making or any other craft activity.



## **Seniors Week Review**

### **Saturday 23 March – OPEN MORNING**

Both Tuggeranong Seniors Centre and Gumnut Cottage were open last Saturday as part of Seniors Week celebrating 'Live Life Longer'. There were Activity Leaders on hand to provide information about the many activities that are run by the Club and an opportunity to try Carpet Bowls at the Seniors Centre. At Gumnut Cottage, the K-nit n K-natter group knitted in the sunshine and members played Bridge, 500, Mah-jong and Cribbage. Tea, coffee and delicious homemade scones (thank you Magda!) all helped make the occasion a relaxed and friendly affair. A big thank you to all who gave up their morning to spread the word that age is but a number!

### **Spotlight on.....**

#### **Cribbage - Wednesdays – 9.30am**

Cribbage holds a special place among American submariners. The wardroom of the oldest active submarine in the US Pacific Fleet carries the personal cribbage board of a WW2 submarine commander. Upon the boats decommissioning the board is transferred to the next oldest submarine.

Our cribbage card morning is held every Wednesday morning in the Gumnut Cottage starting at 9.30am. Cribbage is not a difficult game to learn and most people should be able to play the game after one or two sessions. Beginner's sessions are available every Wednesday morning if needed and there is no need to book. We also cater for the more seasoned player. So, come along for a fun and friendly morning's activity. Be warned, cribbage can be addictive!

*Norm Swanwick*

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