



Weekly Bulletin

Tuesday 26 November 2019

TIMETABLE

Wednesday 27 Nov – Friday 29 Nov

*GC Gumnut Cottage *TSC Tugg Seniors Centre

Day / Date	Time	Activity
Wed 27 Nov	9.30 am	Cribbage - GC
	10.00 am	Carpet Bowls - TSC
	10.00 am	Ten Pin Bowling
	12.10 pm	Seated Stretch - TSC
	1.00 pm	K-nit 'n' K-natter - GC
	1.30 pm	Bridge-Int - GC
	1.30 pm	Line Dancing - TSC
Thurs 28 Nov	3.30 pm	Bridge – Beg - GC
	9.30 am	500 Cards - GC
	10.00 am	Conversation Café – CANCELLED FOR NOV
	12.45 pm	Lakeside Art Grp - TSC
	1.00 pm	Mah-jong - GC
	1.30 pm	Lawn Bowls
	3.15 pm	Bridge-Cont - GC
Fri 29 Nov	3.45 pm	Bridge-Improvers- GC
	3.45 pm	Yoga - TSC
	8.00 am	Cycling Group
	9.15 am	Tai Chi - TSC
	10.30 am	Gentle Exercise - TSC
	11.30 am	Zumba - TSC
	12.00 pm	Learning Circle - TSC
Sun 1 Dec	2.00 pm	Carpet Bowls - TSC
	4.15 pm	Uke 55 - TSC
	6.00 pm	Square Dancing
	2.00 pm	Sunday Social Bingo

HIGHLIGHTS FOR THE WEEK!

Thursday – 28 November - 1.30pm

AFTERNOON LAWN BOWLS

Our free afternoon lawn bowls activity, courtesy of the Tuggeranong Vikings Bowls Club, will be held this coming Thursday and will be our final 'bowl' for the year.

If you have not played lawn bowls before, why not come along and join us. John



Williamson and his fellow lawn bowls club members will be only too pleased to show you how. There is plenty of free car parking available at the rear of the main club building. Please wear flat sole shoes, or if you like, just go bare foot and don't forget to wear a hat.

Norm Swanwick

Sunday – 1 December – 2.00 pm

SUNDAY SOCIAL BINGO

Bingo is on again on this coming Sunday and this will also be our last session for the year. This game is not only fun, but it has multiple health benefits. Concentration improves listening and short-term memory skills and it promotes socialization, essential to maintain a happy and healthy lifestyle. Games prizes are in keeping with the flavour of the day; bingo sheets/dabbers will be available on entry. And there is always a delicious afternoon tea during the break, so why not come along and find out why the activity is so popular!



John Williamson

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'POP UP' PLANT SALE - SOUTHFEST



It seems a long time ago now, but the recent Pop Up Plant Stall at SouthFest was a great success with

\$1,044.00 taken on the day.

The stall had a wide variety of healthy locally grown natives, succulents, trees and herbs courtesy of Club members. The day was bright and sunny and we had many visitors who bought what was on offer.

A huge thank you to all who contributed plants to sell, but especially to those generous members who spent time and energy on the day, shared their knowledge and without whom it would not have been such a success. Because of these collective efforts, we will now start to plan the Club's community garden, so watch this space!

Margaret & Janelle

DATE FOR YOUR DIARY

Saturday – 14 December – 10.30 am

A 'Potulents' Morning with Melissa



A presentation of the propagation, maintenance of growing succulents will be given by Melissa Mulcahy, at 88 Enid Lorimer Circuit,

Chisholm on Saturday 14 December at 10.30am.

Melissa has been living in Canberra for 15 years and growing for 10.

As well as being a skilled and successful propagator, her special interest is the design and arrangements of multiple plantings of succulents in very decorative and unusual containers.

There will be a \$2 donation towards a 'give-away' designed on the spot just for us. Tea and coffee after, with some light nibbles which we will provide. *Margaret Kennedy*

CELEBRATING THE SEASON!

Friday – 6 December – 5.30 pm

Carols in the Hall

We will begin with Carols in the Hall and 'Uke 55', the Club's resident ukulele group, the Heart and Soul Singers and a special solo by Leo Laverty, will provide us with some toe tapping entertainment. In the spirit of the season, this is a Free Event, and we ask you to please bring a plate of 'Christmassy' fare to share. There will be a raffle and a prize for the best 'Christmas' Hat.

To gauge numbers, please register your attendance with our office ladies, and whether you are bringing sweet or savoury. Designed as a relaxed get together, it is a great opportunity to celebrate the festive season as a Club.

Sunday – 15 December – 2.00 pm

Christmas Fun Trivia

Our next trivia event will be a special one with lots of fun trivia questions all about Christmas songs, movies, food and everything else about Christmas and the holiday season. So why not escape the Christmas rush for a couple of hours and if you are having visitors then why not bring them along for a fun afternoon activity. Again, it will be a free event, bringing a plate to share and will be the final activity for the year. *Norm Swanwick*



A CHRISTMAS STAR

When you next visit Erindale Shopping Centre,



you may see a variety of large Christmas stars hanging from the ceiling. The Centre invited local groups to decorate a star (themed & produced by local students/members) to help them enhance the community spirit within their centre. The stars were delivered with a very short return time and Lois Good, our Crafty Corner activity leader, beautifully decorated one on the Club's behalf. Thank you Lois, it is spectacular!