



# Weekly Bulletin

Friday 28 February 2020

## **DATE FOR YOUR DIARY!**

### **Thursday – 12 March – 10.00 am SHUTTERBUG'S NATIONAL GALLERY TOUR**

The Shutterbug's camera group will be holding a return visit to the National Gallery of Australia on Thursday 12 March. Once again, we will have our own special guide and if you would like to join us you will be most welcome. We will be meeting in the Galleries foyer at 10.00 am.

*Norm Swanwick*

### **Saturday – 14 March – 10.00 am – 1.00 pm ACRYLIC ART WORKSHOP**

In the next of our series of workshops with Maria Polmeer for beginners and continuing beginners, participants will work on something mysterious, dramatic and extremely eye-catching, yet easy to paint.



Register your interest by **Friday 6 March** at the Club's office with payment of \$50.00. See noticeboards for full details.

*Anne Meade*

## **NEXT SOCIAL EVENT!**

### **Saturday - 4 April – 10.00 am – 12.00 pm Easter at Gumnut Cottage**

The next social gathering on the club calendar will be celebrating all things 'Easter'. Come along for a morning tea of hot cross buns, Easter eggs and even a birthday cake as the Club turns twelve on 11 April!

There will be an Easter egg hunt, prizes for best adult and child's Easter Hat, face painting for both young and old and an Easter raffle of 'goodies' for the coming Easter long weekend. This event is not just for families, it is for all Club members to socialise and join in the celebrations.



Cost \$5.00 per adult, children free – please book and pay at the office by 20 March. To help with catering, please let us know how many children are coming.

*Magda Sexton*



We are looking for a **'Face Painter'**

for our family **Easter @ Gumnut Cottage**

If you or member of your family can face paint or can recommend someone, please contact the Club office

Phone: 02 6293 4004

Email: [tugg55plusclub@gmail.com](mailto:tugg55plusclub@gmail.com)

## HIGHLIGHTS OF THE WEEK!

**Sunday – 1 March – 2.00 pm**

### **SUNDAY SOCIAL BINGO**

The weeks roll around quickly and Bingo is on again this coming Sunday. This game is not only fun, but it has multiple health benefits: concentration, short-term memory skills and it promotes socialisation! Prizes are in keeping with the flavour of the day; bingo sheets/dabbers will be available on entry. There is always a delicious afternoon tea during the break, so why not come along and find out why the activity is so popular!

*John Williamson*

**Monday – 2 March – 10.00 am**

### **CRAFTY CORNER – Gumnut Cottage**

Crafty Corner now meets at Gumnut Cottage on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month - 10.00 am to 2.00 pm. It is a group for people who want a place to meet and share their crafts, enjoy a cuppa, good conversation and meet like-minded people. Meetings have an informal format where you can drop in anytime and stay as long as you want.



So, if you're an experienced crafter or want to learn a new skill come along, bring your current project, UFOs or materials to start a new project, whether its card-making, quilting, scrapbooking, appliqué, embroidery, rubber stamping, jewellery-making or any other craft activity. We hope to see you there!

*Lois Good*

**Thursday – 5 March – 10.00 am**

### **FAMILY HISTORY GROUP – 'Between the Wars'**

The topic for Thursday 5 March is "Between the Wars". The focus is on the years 1920s and 1930s. Apart from birth, death and marriage records can we use other records to find out what our ancestors were doing or where they were in these years? All welcome. Ideas for resources are especially welcome!!

*Liz Dean*

## TIMETABLE

**Sunday 1 March – Friday 6 March**

\*GC Gumnut Cottage \*TSC Tugg Seniors Centre

Day / Date	Time	Activity
Sun 1 Mar	8.50 am	Walking Group
	<b>2.00 pm</b>	<b>Social Bingo - TSC</b>
Mon 2 Mar	9.30 am	Bolivia (cards) - GC
	9.30 am	Zumba Gold - TSC
	10.00 am	Crafty Corner - GC
	1.30 pm	Table Tennis - TSC
	2.00 pm	Bridge-Dup/Soc - GC
	5.15 pm	Yoga - TSC
Tues 3 Mar	8.10 am	Active Ex – Men - TSC
	9.00 am	Active Ex – W - TSC
	1.00 pm	Mah-jong - GC
	1.15 pm	Seated Yoga - TSC
	2.00 pm	Gardening Club
Wed 4 Mar	9.30 am	Cribbage - GC
	10.00 am	Carpet Bowls - TSC
	10.00 am	Ten Pin Bowling
	11.00 am	Bridge – Beg - GC
	12.10 pm	Seated Stretch - TSC
	1.00 pm	K-nit 'n' K-natter - GC
	1.15 pm	Bridge-Int - GC
	1.30 pm	Line Dancing - TSC
	3.30 pm	Bridge – Cont Beg - GC
Thurs 5 Mar	9.30 am	500 (cards)- GC
	10.00 am	Family History - TSC
	10.00 am	Pool Group
	1.00 pm	Mah-jong - GC
	2.00 pm	Book Club - TSC
	3.30 pm	Bridge-Improvers- GC
	3.45 pm	Yoga - TSC
Fri 6 Mar	8.00 am	Cycling Group
	9.15 am	Tai Chi - TSC
	10.30 am	Gentle Exercise - TSC
	12.00 am	Learning Circle - TSC
	2.00 pm	Carpet Bowls- TSC

TSC -101 Cowlshaw Street, Greenway

GC - 97 Cowlshaw Street, Greenway

Phone: 6293 4004 Email: [tugg55plusclub@gmail.com](mailto:tugg55plusclub@gmail.com)

Website: [55plusclub.org.au](http://55plusclub.org.au)